

Couples Suite



Relax together as you enjoy a massage of your choice side by side in a private suite designed with couples in mind. Amenities include a Jacuzzi tub, gas fireplace, restroom and two person spa shower.

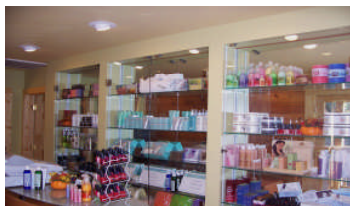
Spa amenities include

dressing rooms with steam showers, lockers, swimming pool, hot tub, serenity garden with gazebo for meditation, outdoor massage, and garden weddings

For more information Call

865-908-0786

Retail Area
OPI
Soothing Touch
Mineral Make up
Sugar/Salt Scrubs
Teas
Massage Oils



The Salon At Bear Cove Falls

Hair

Women's

Shampoo, Haircut & Style **\$28.00**

Haircut **\$20.00**

Gentlemen's

Haircut **\$12.00** and up

Shampoo, Cut & Style **\$23.00**

Children

Haircut **\$12.00**

Baby Haircut **\$8.00**

Babies First Haircut **\$15.00**

Includes DVD

Color

Highlights **\$50.00** and up

Lowlights **\$25.00** and up

Color **\$45.00** and up

Double Process **\$60.00** and up

Perms **\$48.00** and up

Hair and Scalp Treatments

Scalp Massage **\$10.00** and up

Wedding Hair starting at **\$45.00**

Make up Application **\$32.00**



Two Locations

The Spa at Pine Mountain

865-908-0786

3228 Pine Peak

Way

Turn at Light #6 Pigeon

Forge between Shoneys and Grand Inn, go 1.5 mi., to Pine Mountain Resort, Rt. onto Pine Peak Way, Stay Rt. Spa on Rt. Second floor.

The Spa at Bear Cove Fall 865-430-9001

905 McMakin Way

Turn Light #8 Dollywood Ln., Stay Rt at Gatlinburg Golf Course, First Left after golf course is McMakin Way, First Cabin on Left.



Ask About Our Week-Day & Weekend Specials



See back for Locations and Directions

Out Calls

We will come to your cabin, hotel, condo, home, office etc. Call for more information

For Appointment Call

865-908-0786

Open 9AM-9PM Mon.-Sat. Sun 11AM /5PM.

WWW.Gatlinburgdayspa.com

Facials



Facials & Body Treatments

Just For Me Facial— Classic European facial. Deep pore cleansing individualized facial design for your skin type.
\$62.00

Ultimate European Facial— Deep pore cleansing including a soothing hand and foot massage as well as the face and shoulders.
\$75.00

Paraffin Facial— Allows deep penetration of moisturizer to smooth and reduce fine lines.
\$75.00

Mud Facial—A blend of dead sea mud and essential oils and extracts are used to soothe, heal, and cleans the skin and reduce the build up of harmful toxins.
\$72.00

C-serum Facial— Enhances and accelerates the repair process of the skin significantly improving the skin's elasticity and firmness.
\$80.00

Simply Slender Body Wrap— lose inches by removing toxins topically decreasing lymphatic fluid distribution intended to flush toxins from cells, therefore decreasing the puffiness that cannot be removed through exercise. **\$120.00**

Herbal Body Wrap— Exfoliating, relaxing and detoxifying to balance both the mind and body. **\$70.00**

Dead Sea Mud Wrap— Tone, soothe, and soften the skin with natural healing dead sea mud.
\$75.00

Salt Glow— Combination of Ayurvedic oils and mineral rich Celtic salts used to gently exfoliate dry, dull skin revealing a radiant healthy glow. **\$55.00**

Nails



Sugar Glow— Indulge your senses with the aroma of citrus and vanilla while exfoliating and smoothing the skin. **\$58.00**

Back Treat— Deep cleansing, massage and moisturizing for that often neglected hard to reach area.
68.00

Herbal Steam Detox— Soothing aromatic detoxifying herbal steam.
\$35.00

Bath

Green Tea Salt or Herbal **\$38.00**

Waxing

Brow Wax **\$14.00/23.00** Lip Wax **\$15.00**
Chin Wax **\$18.00 / \$30.00** Face Wax **\$45.00**
Leg Wax **\$45.00 (1/2) \$85.00 (full)**

Nails

Grooming Manicure— Traditional manicure leaving nails refreshed and hand soft and smooth **\$22.00**

Aromatherapy Spa Manicure— Enjoy the fresh aroma of citrus, vanilla, lavender, and more as your nails are groomed and refreshed. **\$38.00**

Papaya Anti-aging Revitalizing Hand Facial— Leaves hands with a more youthful appearance. **\$37.00**

Just for Him Manicure— Sports manicure with attention to calluses and dry rough skin. **\$32.00**

Paraffin Soft Treatment— Hydrates for silky hands and feet.

Hands \$20.00 Feet \$25.00 F & H \$42.00

Spa Pedicure— Nails are groomed, salt scrub, cooling mask, massage, and polish **\$52.00**

Stone Pedicure— Nails are groomed, salt scrub, cooling mask, stone massage, and polish. **\$65.00**

Massage



Swedish Massage— Known the world over for relaxation techniques that incorporate long slow strokes, kneading, and friction to improve circulation, reduce stress and fatigue, alleviate stiffness and promote better sleep.

1/2 hr. \$35.00 1 hr. \$65.00 90 min. \$95.00

Deep Tissue Massage— designed especially for tense muscle conditions, to release deep adhesions in the muscles using medium to firm pressure.

1/2 hr. \$45.00 1hr \$75.00 90 min. \$115.00

Maternity Massage— Designed to address specific needs of the pregnant client, maternity massage benefits circulation while promoting relaxation and comfort during this exciting time as mother-to-be is experiencing rapid body changes. **1/2 hr. \$45.00 1hr. \$75.00**

Four Hand Massage— Indulge your body with a rhythmic massage performed by two therapists. Their hands flow in a synchronized pattern to soothe and relax both the mind and body.

1hr. \$125.00

Couples Massage— Relax as you enjoy the massage of your choice side by side in our beautiful couples suite.

Two 1 hr. Massages starting at, **\$145.00**

Deluxe Couples Massage— Two 1 hr. massages side by side, a bath for two and a fruit and cheese tray with chocolate fondue **\$190.00**

Stone Massage— Balance your body, mind and spirit with the grounding effects of stones from the earth. Soothing strokes with hot stones provide stimulation and relaxation while promoting an overall sense of well being.

1/2 hr. \$48.00 1hr. \$78.00 90 min. \$118.00

Deep Tissue Myofascial Massage— Helps restore structural alignment and balance by releasing patterns of tension in the body. (DTMM) helps improve movement, posture and balance and aids in reduction of long term pain or tension. It can also be helpful for pre sporting events.

1hr. \$95.00 1 1/2hrs. \$145.00

Reflexology— Healing form of body work that enhances one's inner peace and healing potential
1/2 hr. \$35.00 1hr. \$65.00